

## Post Conference Greece Journey

### Itinerary

(as of March 28,2008)

#### **Monday, September 8th**

Those coming from the main conference on the island of Samothrace will fly as a group from Alexandroupolis to Athens. Upon arrival we will take a bus to The Golden City Hotel where we will check in for one night. Here we will meet any other participants who will be joining us. Dinner will be enjoyed on the rooftop of the hotel overlooking the city.

#### **Tuesday, September 9th**

After breakfast we will enjoy a presentation by Paulos Pissanos on Eleusis . After this we will board our bus and travel fourteen miles west to the site of Eleusis the place, where the cult of the goddess Demeter existed for many centuries and where the famous religious festival, the Eleusinian mysteries, were performed. Here we will tour the ruins, enjoy a picnic lunch and pause for meditation on the nature of this sacred place. Afterwards we will travel to Delphi where we will check into The King Iniohos Hotel for two nights. That night we will enjoy dinner at a taverna in Delphi which features live music.

#### **Wednesday, September 10th**

After an early breakfast we will head to the ancient site of Delphi to explore The Sanctuary of Athena, The Temple of Apollo and The Oracle of Delphi. Delphi was revered throughout the Greek world as the centre of the earth and the universe. After lunch we will head out of town and up Mt. Parnassos to The Ancient Footpath (Archaio Monopati) that took Pan worshippers up from the temples of Delphi to the Corycean Grotto to celebrate rites of Pan. Here we will enjoy a walk and have the opportunity to meditate together on the Mysteries of Ancient Greece. After dinner there will be an opportunity to watch a film about Epidaurus.

#### **Thursday, September 11th**

After breakfast we will travel by bus to Epidaurus . On our journey we will drive to the seaside village of Agios Nikolaos and catch the ferry across to Aegio (approx. 40 minute ride). Arriving in Epidaurus we will tour the home to the Sanctuary of Asklepios (the God of Healing). Lunch will be enjoyed in Ligourio. After lunch we will travel to Cape Sounion where the Temple of Poseidon is located. After experiencing a tour and the sunset we will have a fish-dinner in a tavern on the Sounion beach. We will return to Athens and check back into the Golden City Hotel.

## **Friday, September 12th**

### **For those staying in Greece:**

This will be a free day for personal exploration in Athens. Needless to say, the city is filled with museums and cultural attractions that bring alive the Golden Age of Classical Greece. We will provide you with information about the top sites to see. After spending the night you will fly out of Athens on September 13th.

### **For those traveling on to Ephesus:**

We will make our way independently to the airport and fly from Athens to the island of Samos . According to mythology Samos was the birthplace of the goddess Hera, wife of Zeus and queen of the gods. Samos was also the birthplace of Pythagoras. You will have a free day here to explore the sites including the Ancient Theatre of Pythagorio, The Sanctuary of Heraion or The Waterfalls of Potami. Another option is to go to the beach. The island of Samos has some of the most spectacular beaches in the east Aegean. There are a variety of beaches and amenities to suit everyone's taste. We will meet in the evening as a group for dinner. The next morning we will take a one hour ferry from Samos to the port of Kusadasi in Turkey, not far from Ephesus.

## **Hotel Information**

September 8, 11, 12 Athens  
Golden City Hotel

The Golden City Hotel rests 300 m from Omonia Square, in the heart of Athens near to archeological sites. All rooms are equipped with a bath, A/C, internet plug, T.V., telephone and an amazing view. The rooms are spacious and warmly decorated.

Golden City Hotel  
Marni 46  
Athens  
Tel: (+30) 2105226571-5

September 9 and 10  
King Iniohos Hotel

A traditional hotel with excellent views of Mount Parnassus and the idyllic Corinthian Gulf. King Iniohos is conveniently situated close to the ancient sanctuary and museum and the central shopping areas. The hotel is air-conditioned throughout and has its own traditional restaurant and large comfortable lounge with bar and open fireplace. Rooms have deluxe bathrooms, central heating, direct dial telephones, satellite T.V./radio and hairdryers.

King Iniohos Hotel  
78 Ossiou Louka Street  
Delphi  
(+30) 22650 82151

For those traveling onto Ephesus:

September 12 – Samos  
Hotel Aeolis

The Hotel Aeolis with its marvelous neo-classical architecture is situated in the center of the town of Samos, on the seaside road linking the main square with the harbor. This newly built hotel, open all year round, has 50 luxury rooms, all with balconies and a view to the beautiful bay, and offers services of a higher class hotel. All the rooms are sunny and have been comfortably furnished. They are all fitted with modern bathrooms, air-conditioning and central heating, phones, satellite TV, balcony, fridge and hairdryer. It is situated 200m from the port, 800 m from the nearest beach and 50m from the shopping area of the town.

Hotel Aeolis  
Them Sofouli Street 33  
Samos, Greece  
Tel: (+34) 952 87 32 99